

CANTABRIAN SEA



- Dual Carriageway
 - Main Road
 - Major Regional Highway
 - Secondary Regional Highway
 - B-road
 - Settlement
 - Hiking routes
 - Mountains / Uplands / Hills
 - Peak / Mountain Pass
 - Nature Reserve
-
- Tourist Office
 - Historical-Artistic Ensemble
 - Medieval Heritage
 - Museum / Interpretation Centre
 - Prehistoric Heritage
 - Other Sites of Tourist Interest
 - Outstanding Natural Area
 - Leisure Area
 - Hiking
 - Viewpoint
 - Surfing Area
 - Paddle-Tennis Area
 - Golf Course

TOURIST MAP

Saja Nansa

The must-do list

01	Historic-Artistic Site of San Vicente de la Barquera	11	El Soplae Cave
02	I. C. Natural Park of Oyambre	12	Desfiladero de la Hermida
03	Historic-Artistic Site of Comillas	13	Viewpoint in Santa Catalina
04	Viewpoint of El Remedio in Liandres	14	Santa Juliana's Church
05	San Martin's Church	15	Historic-Artistic Site of Carmona
06	San Bartolomé's Chapel	16	La Fuentona de Ruenté
07	Sequoias Natural Monument in Monte Cabezón	17	Historic-Artistic Site of Tudanca
08	Poblado Cántabro in Cabezón de la Sal	18	Casona de Tudanca
09	Ferrería de Cades	19	I. C. Saja-Besaya Natural Park
10	Chufin Cave	20	Historic-Artistic Site of Bárcena Mayor

All traveller information including activities, accommodation, restaurants, etc., in the Saja Nansa district can be found in:

Useful contact numbers

www.paisajespararespirar.com

Museo de la Naturaleza en Carrejo 942 701 808	SEASONAL TOURIST INFORMATION OFFICE Tourist Information Office in Ruenté 942 705 538	TOURIST INFORMATION OFFICE (Open all year) Tourist Information Office in San Vicente de la Barquera 942 710 797
Torre de Estrada 942 729 025	Tourist Information Office in Unquera 942 719 680	Tourist Information Office in Cabezón de la Sal 942 700 332
Castillo del Rey en San Vicente de la Barquera 942 710 797	Tourist Information Office in Bárcena Mayor 942 706 087	Tourist Information Office in Comillas 942 722 591
Torre de Linares 942 733 554	Tourist Information Office in Rionansa 942 738 001	
Cueva Chufin 942 598 425	Tourist Information Office in Oyambre 942 709 302	Naturea Cantabria 942 049 438 695 594 450
Via Ferrata en La Hermida 942 733 681	Tourist Information Office in Alfóz de Lloredo in Cobreces 942 726 051	Vacaciones Cantabria 901 111 112
Cueva de El Soplae 902 820 282		
Ecomuseo de Cabuérniga 942 706 001		